

Step #1 - Create a Summary of the Relevant Needs and Strengths

Theo Summary:

Theo was the 11-year-old who is struggling with the loss of connection to his father. This has impacted his mental health. His behavior has interfered with his earlier success in his school program and led to a psychiatric admission. Theo's Grandmother is committed to getting him home but is stressed by the impact of his behavior on her family and by his hospitalization. Theo's school program is no longer willing to serve him, despite a prior strong fit between Theo's needs and the programming there. At home before his hospitalization, Theo was showing negative behaviors and withdrawing from activities that he enjoyed before, like gardening and spending time with his Aunts and cousins.

Useful Strengths – Individual/Caregivers	Strengths To Build – Individual
Actionable Needs – Individual	Actionable Needs - Caregivers

Step #3 - Formulate Theories of Change for Needs (Cause and Effect)

Directions: Use the summary of the Relevant Needs and Strengths from Part 1 to complete portions of this section.

Background Needs	Target/Prioritized Needs	Goals/Anticipated Outcomes
Needs we cannot change	Needs we can change	Needs that shift as the effect of change

Step #3 - Formulate Theories of Change for Strengths (Cause and Effect)

Directions: Use the summary of the Relevant Needs and Strengths from Part 1 to complete this section

Centerpiece Strengths	Useful Strengths	Strengths to Build
When linked to need, strength effects change	When linked to need, strength effects change	If built, strength can support change